## THE BIG ISSUE CLASSROOM

## RELEVANCE TO THE AUSTRALIAN CURRICULUM HEALTH AND PHYSICAL EDUCATION Levels 9 and 10

The Big Issue Classroom provides unique workshops co-presented by a trained facilitator and a guest speaker who has experienced homelessness and is employed to share their story with school students. Our one-hour workshop 'Discussions about Homelessness and Disadvantage' is suitable for students studying Health and Physical Education in all States and Territories and links to the Australian Curriculum, by providing students with information and strategies to improve personal, social and community health.

## **CONTENT DESCRIPTIONS** THE BIG ISSUE CLASSROOM Identities and change Explains how The Big Issue's initiatives including the Community Street Soccer Program are designed to promote Analyse factors that shape identities and evaluate how health, safety and wellbeing individuals influence the identities of others (AC9HP10P01) Compares stereotypes about homelessness to statistics Refine, evaluate and adapt strategies for managing changes and transitions (AC9HP10P02) Presents the guest speaker's story about how transitions and the experience of homelessness impacted their identity Investigate how gender equality and challenging assumptions about gender can prevent violence and abuse in relationships Discusses the way gender impacts on the experience of (AC9HP10P03) homelessness Interacting with others **Explores** the effects of positive relationships and community connectedness on health and wellbeing Evaluate the influence of respect, empathy, power and coercion on establishing and maintaining respectful Discusses the importance of understanding others' relationships (AC9HP10P04) backgrounds and avoiding stereotypes, to facilitate empathy and respectful relationships Propose strategies and actions individuals and groups can implement to challenge biases, stereotypes, prejudices and Identifies factors for people at risk of homelessness discrimination, and promote inclusion in their communities (AC9HP10P05) *Helps* students develop empathy by listening to the guest speaker's story Evaluate emotional responses in different situations to refine **Outlines** strategies for improving personal and community strategies for managing emotions (AC9HP10P06)

## Making healthy and safe choices

Plan, rehearse and evaluate strategies for managing situations where their own or others' health, safety or wellbeing may be at risk (AC9HP10P08)

Plan, justify and critique strategies to enhance their own and others' health, safety, relationships and wellbeing (AC9HP10P10)

Critique health information, services and media messaging about relationships, lifestyle choices, health decisions and behaviours to evaluate their influence on individual attitudes and actions (AC9HP10P09)

**Presents** The Big Issue's social enterprises and Community Street Soccer Program as strategies and interventions to enhance wellbeing and connection within communities

**Discusses** the impacts of homelessness on community wellbeing and a person's:

- Educational opportunities
- Employment

wellbeing

- Social networks
- Access to services

**Encourages** students to seek help in difficult and unexpected situations throughout their lives, by learning about the difficulties that the guest speakers have experienced

**Provides** follow up materials including referrals to helplines and other agencies where students can seek assistance